

Checklist Before Surgery



As soon as you are scheduled to have a day surgery procedure:

- Fill in any required paperwork, including the Windsor Gardens Day Surgery admission form, and return as instructed
- Confirm that your private health insurer will cover your procedure and if there is any applicable co-payment/excess that you need to pay
- If you have any questions, check with your surgeon or contact us prior to your procedure
- Decide how you will get to and from the day surgery (see location details below) – make sure you have a responsible adult to accompany you home
- If you have young children, arrange for someone else to look after them for at least 24 hours after your surgery as you may still be slightly drowsy
- Make sure you understand any fasting instructions you have been given, particularly if you have diabetes – if you are unsure, please check with your doctor
- Do not smoke, take recreational drugs or drink alcohol for at least 24 hours before your surgery.

If you are unable to attend your scheduled procedure (e.g. you are ill), please notify us immediately on (08) 7078 5978.

**Level 1, Suite 1, 480 North East Road,
Windsor Gardens SA 5087**

Hours 7.00 am to 5.30 pm

Phone (08) 7078 5978 **Fax** (08) 7109 0099

Email enquiries@windsorgardensds.com.au

Getting here

Car: Windsor Gardens Day Surgery is a 20-minute drive from the Adelaide CBD. You can enter through the main entrance on North East Road. Alternatively if travelling from the south, turn right at the Innes Road traffic lights to enter via Paula Avenue. A 150-space car park is available free of charge.

