# Checklist Day of Surgery



### **Before you arrive:**

	Make sure you follow any fasting instructions you have been given previously
	Take your usual medications as normal (with a small sip of water), unless advised otherwise by your doctor
	Bring all medications in their original containers with you
	If you wear glasses, bring a case to put them in
	Remove any nail polish
	Remove all jewellery (you may wear your wedding band if it is difficult to remove)
	Before you arrive, please shower or bathe and wash your hair If your procedure involves any part of your face or eye, wash your face thoroughly with your usual face soap – Do NOT wear any face moisturiser, cream or make-up
	Wear loose, comfortable clothing and flat shoes – you may be required to change into a hospital gown (you do not need to bring pyjamas or a dressing gown)
	Bring the original copy of your completed paperwork (if you did not return it by post)
	Bring your Medicare card
	Bring your health fund membership card
	Bring your payment (if applicable)
	Bring some reading material if you wish (TVs and complimentary WiFi are available in waiting areas)
	Make sure that you have a responsible adult/carer who can accompany you home after your procedure and you can provide us with their contact details
	Give your carer a copy of the contact details for Windsor Gardens Day Surgery, including instructions on how to find us and where to park (see over page)
When you arrive:	
	Let us know if you have any mobility issues and require assistance
	Let us know if you have any existing skin wounds, cuts or abrasions

If you are unable to attend your scheduled procedure (e.g. you are ill), please notify us immediately on (08) 7078 5978.

Do not bring any valuable items with you – Windsor Gardens Day Surgery does not accept responsibility for any lost or damaged items.

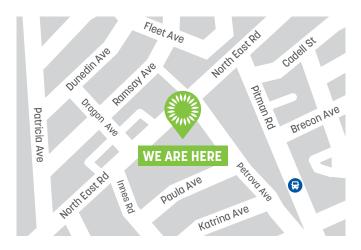


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### **Getting here**

**Car:** Windsor Gardens Day Surgery is a 20-minute drive from the Adelaide CBD. You can enter through the main entrance on North East Road. Alternatively if travelling from the south, turn right at the Innes Road traffic lights to enter via Paula Avenue. A 150-space car park is available free of charge.



#### Level 1, Suite 1, 480 North East Road, Windsor Gardens SA 5087

**Hours** 7.00 am to 5.30 pm **Phone** (08) 7078 5978 **Fax** (08) 7109 0099

Email enquiries@windsorgardensds.com.au

