

# Checklist Before surgery



## As soon as you are scheduled to have a day surgery procedure:

- Fill in any required paperwork, including the admission form provided by your day surgery, and return as instructed
- Confirm that your private health insurer will cover your procedure and if there is any co-payment/excess that you need to pay
- If you have any questions, check with your surgeon or contact your day surgery prior to your procedure
- Decide how you will get to and from the day surgery – make sure you have a responsible adult to accompany you home
- If you have young children, arrange for someone else to look after them for at least 24 hours after your surgery as you may still be slightly drowsy
- Make sure you understand any fasting instructions you have been given, particularly if you have diabetes – if you are unsure, please check
- Do not smoke, take recreational drugs or drink alcohol for at least 24 hours before your surgery.

**If you are unable to attend your scheduled procedure (e.g. you are ill), please notify your day surgery immediately.**

## Contact us

### NEW SOUTH WALES

#### Forest Road Day Surgery

Ground Level, 99A Forest Road,  
Hurstville NSW 2220  
T: (02) 9330 6988

#### Chatswood Day Surgery

270 Victoria Ave,  
Chatswood NSW 2067  
T: (02) 9424 9999

### QUEENSLAND

#### North Queensland Day Surgery

119 Kings Road, Pimlico QLD 4812  
T: (07) 4725 2677

#### RiverCity Private Hospital

Level 2, 401 Milton Road  
Auchenflower QLD 4066  
T: (07) 3736 3010

#### Vision Centre Day Surgery

Ground floor, 95 Nerang Street,  
Southport QLD 4215  
T: (07) 5528 4020

### SOUTH AUSTRALIA

#### Windsor Gardens Day Surgery

Level 1, Suite 1, 480 North East Rd,  
Windsor Gardens SA 5087  
T: (08) 7078 5978

### VICTORIA

#### Camberwell Day Surgery

27 Denmark Hill Road,  
Hawthorn East VIC 3123  
T: (03) 9882 1347

#### Footscray Day Surgery

89 Paisley Street, Footscray VIC 3011  
T: (03) 9689 9233 [opt 2]

#### Panch Day Surgery Centre

Corporate One Business Centre,  
Level 4, 84 Hotham Street,  
Preston VIC 3072  
T: (03) 8560 0677

#### Whitehorse Day Surgery

852 Whitehorse Road,  
Box Hill VIC 3128  
T: (03) 9899 9611

### HEAD OFFICE

#### Vision Hospital Group

Level 5, 390 St Kilda Road,  
Melbourne VIC 3004  
T: (03) 8844 4000