



Windsor Gardens  
Day Surgery

PART OF VISION HOSPITAL GROUP

Because you deserve  
exceptional care



State-of-the-art technology  
World-class facilities  
Experienced, caring staff

# About us

Less than 12 km from Adelaide's CBD, Windsor Gardens Day Surgery is an architecturally designed, ultra-modern facility fitted with state-of-the-art equipment and premium furnishings.

Undergoing surgery can be an emotionally and physically challenging time for patients and their families. Our staff understand that it's often the little things that can make a big difference to your experience - from a smile at the front desk to keeping you informed and relaxed before, during and after your surgery.

That's why you can expect personalised, expert care at every point of your stay.

## Our services

Windsor Gardens Day Surgery provides a variety of surgical procedures that do not require an overnight stay, including:



**Ophthalmology**



**Gastroenterology**



**Colorectal surgery**



**Urology**



**Dermatology**



**General surgery**

## Our facility

- Modern, quiet and comfortable waiting areas (magazines, TV, free WiFi)
- Private admission rooms
- Three spacious operating theatres
- Electric patient trolleys and recliner chairs
- Spacious recovery areas with views of the Adelaide Hills
- On-site sterile services department
- On-site pathology facilities
- On-site cafe
- On-site radiology services



## Before surgery

### Pre-admission

Your surgeon will confirm the day and time of your procedure and provide you with an information pack. Please read the information provided in this pack carefully and complete the admission form, as well as any other forms.

Please return the admission form to us at **least 72 hours** prior to your scheduled procedure.

If you did not receive an admission form, call us on **(08) 7078 5978** to have one posted or emailed to you.

Our friendly staff will contact you prior to your surgery to discuss details of your admission and discharge.



# On the day of surgery

## Admission

Visit our website (<https://windsorgardensds.com.au/for-patients/>) for a checklist of items to bring on the day.

Please make sure to arrive on time to complete the necessary paperwork.

One of our admission nurses will then begin preparing you for your surgery and show you to one of our comfortable

waiting areas. You will also receive a visit from your anaesthetist and surgeon prior to your procedure.



We require all accounts to be paid on the day, including any applicable health fund co-payment or excess. Uninsured patients are responsible for the total account.

## After surgery

### Discharge

When you are ready for discharge, the nurse will discuss any care instructions that you need to follow and provide you with a written copy to take home. Please follow all the instructions from your surgeon, including any post-operative medication requirements and dressing instructions. Following discharge, you are allowed to eat and drink as instructed by your surgeon.

If required, an appointment time will be provided for a post-operative review at your surgeon's rooms.

**Patients who have been sedated are not allowed to travel home by themselves.** Once you are fully recovered, you will be handed over into the care of the person taking you home. You may feel slightly drowsy for 24 hours after your surgery. During this time, you are not allowed to drive, operate machinery, consume alcohol or sign any legal documents. If you have young children, please arrange for someone else to look after them.

**Patients who have not had sedation can travel home by themselves once they have received their discharge instructions.**

One of our nurses may contact you by phone to check on your progress the following day. If you or your carer have any concerns, please contact us immediately on **(08) 7078 5978** or call your surgeon's rooms.

# Our promise

## Providing an exceptional experience is central to the Windsor Gardens Day Surgery philosophy.

That's why everything from the colour palette to furniture and equipment choice was decided after careful research and consideration - so your stay with us is as comfortable as possible. Our highly experienced specialist staff ensure patients receive outstanding, professional care during their stay.

Windsor Gardens Day Surgery meets the highest benchmark of quality standards. As a testament to this, we are one of the first facilities to be accredited to the newest version of the National Safety and Quality Health Service (NSQHS) Standards. We are proud to meet and exceed both ISO 9001 Quality Management Standards and the NSQHS Standards.





## Our location



Windsor Gardens Day Surgery is located within the 480 Specialist Centre, which is a 20-minute drive from Adelaide's CBD. You can enter through the main entrance on North East Road if coming from the north.

Alternatively, if travelling from the south, turn right at the Innes Road traffic lights and then left onto Paula Avenue, where you will find the entrance ramp to the 480 Specialist Centre. Entrance into the facility is on the side of the building.

A 150-space car park is available free of charge.



**Level 1, Suite 1, 480 North East Road,  
Windsor Gardens, SA 5087**

**Hours:** 7:00 am - 5:30 pm

**Phone:** (08) 7078 5978 **Fax:** (08) 7109 0099

**Email:** [enquiries@windsorgardensds.com.au](mailto:enquiries@windsorgardensds.com.au)

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